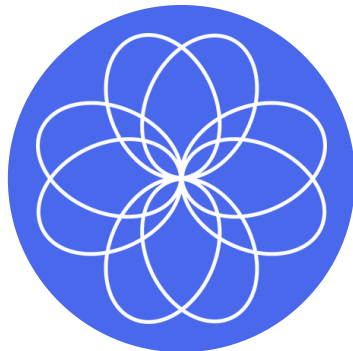
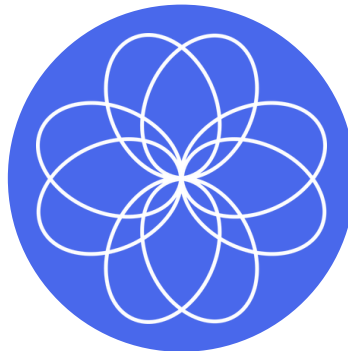
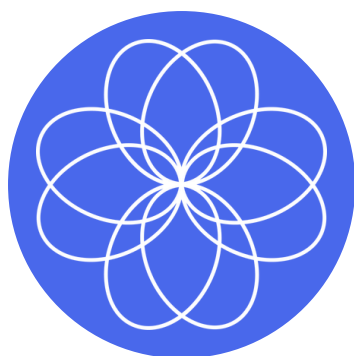


European's Welfare Association CIC

Overview of Provision **2025**



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EXECUTIVE SUMMARY



The year 2025 has been a period of significant challenge, transition, and adaptation for our organisation. Throughout the year, we experienced substantial changes within our organisational structure, particularly in relation to staffing, while simultaneously navigating an increasingly competitive and uncertain funding landscape. Securing financial sustainability has become more demanding than ever, requiring resilience, creativity, and determination in order to ensure the continuation of our services. Despite these pressures, we reflect on 2025 as a year that strongly reaffirmed our sense of purpose and mission.

Our work has remained firmly rooted in the pursuit of social justice and in addressing critical social issues on behalf of our beneficiaries, whose voices are too often unheard. In the face of adversity, our commitment to advocacy, equity, and community support has not wavered. We aspire for this ongoing struggle to evolve into meaningful and constructive dialogue with our funders, partners, and stakeholders. We firmly believe that, even amidst political instability and broader societal uncertainty, we will be able to continue delivering vital services and advocating for positive change within our communities.

We are deeply grateful for the relationships we have built and sustained with our funders and local authorities, whose support has been instrumental during this challenging period. The overview of our activities for 2025 demonstrates the breadth and depth of work delivered by our dedicated team of approximately ten staff members. Their professionalism, commitment, and collective effort underpin everything we have achieved in 2025.

We sincerely hope that the hard work, perseverance, and impact of our team will be recognised and valued, and that our efforts will contribute to lasting, meaningful outcomes for the communities we serve.

Elzbieta Kardynal
Founding Director

OUR KEY SERVICES



**Signposting
and Referrals**



**Immigration,
Advocacy,
Advice and
Guidance**



**Drug and
Alcohol
Recovery and
Therapy**



**Food and
Clothing Bank
and 'Wrap
Around Care' for
Migrants and
Refugees**



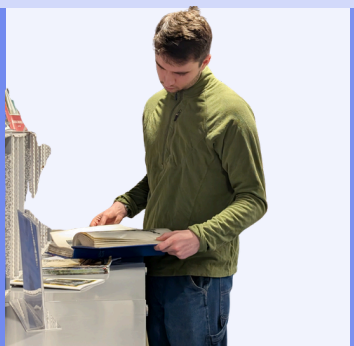
**Education,
Sport and
Cultural Events**



**Internships and
Volunteering
Opportunities**



**Consultations,
Surveys and
Research**



Our Educational Mission

- Teaching Polish Language, History and Geography
- GCSE and A-Level Polish Exams
- Extra-curricular classes: art lessons and kickboxing
- Polish Scouting Association UK Region
- Youth Mentoring
- Teacher Development Days for staff and volunteers
- Workshops and mental health support for parents and children
- Traditional Polish hot soup at our school café

Our School Year in Numbers (September 2024 to July 2025)

- 255 Children between 3 and 18
- 20 Volunteers (14 PTA)
- 3 School Management
- 16 Subject Teachers
- 2 School Admin
- 1 IT Support Worker
- 5 Building Maintenance Staff
- **Total Staff: 59**



Some of the events we've celebrated this year:



October 2024

Oxford debate prepared and delivered by GCSE and A-Level Students
International Teachers' Day



November 2024

Polish Independence Day



December 2024

Father Christmas Day



February 2025

Fat Thursday - Pancake Day



May 2025

International Children's Day - School Family Picnic
Blood Pressuring Monitoring Session as part of the Wider Determinants of Health Project.
Polish Constitution Day



OUR FUNDED PROJECTS



Black Country Food and Clothing Bank

May 2022 - Ongoing

Funded by Sandwell Council and Black Country Foodbank Network



ERAVI (EWA and RUDA Against Violence Initiative)

October 2024 to September 2027

Funded by National Lottery Community Fund



ESOL (English Speakers of Other Languages)

September 2009 - Ongoing

Funded by Sandwell Council



ESOLability (ESOL & Employment) - Birmingham

June 2023 to March 2026

Funded by Birmingham City Council



Homes For Ukraine Scheme

May 2022 - Ongoing

Funded by Sandwell Council



PROJECT SOME (State of Mind Experiences)

March 2025 to February 2026

Funded by Sandwell Council and matched funding provided by Polish Senate



SOUP PROJECT

November 2025 to April 2026

Funded by Sandwell Council



Talking Therapies Plus - Walsall and Sandwell

October 2024 to March 2026

Funded by NHS Integrated Care Board

Managed by One Walsall and Communities In Sync



Wider Determinants of Health

February 2024 to September 2025

Funded by NHS Integrated Care Board and delivered by Communities In Sync



Yam From Here: Migration and the Making of the Black Country

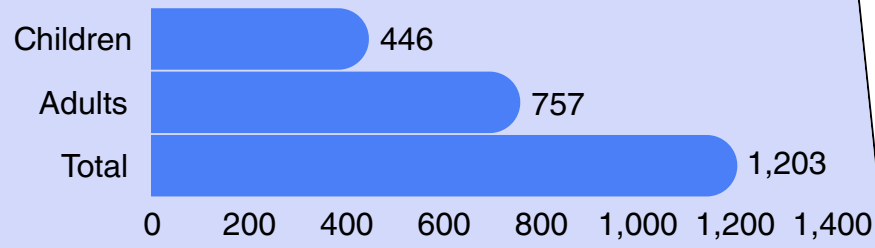
April 2025 to April 2027

Funded by Heritage Lottery Fund



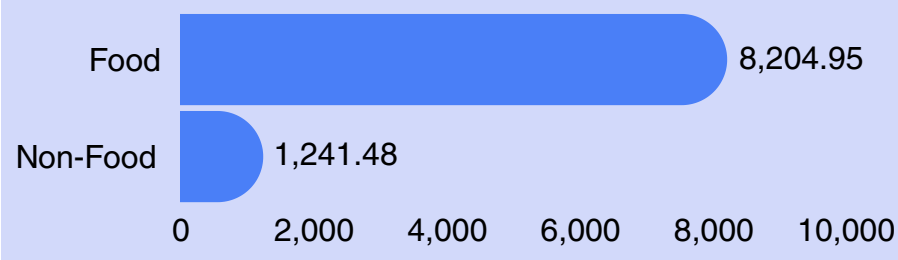
Established in 2022, the foodbank based at our headquarters at the YMCA Hub at Carter's Green has grown into a core component of the EWA's community support services

Number of Users - January 2025 to December 2025



Demand for the foodbank was highest during the winter months, with January, February and March recorded as the busiest periods of the year.

Food and Non-Food Distribution in KG - January 2025 to December 2025

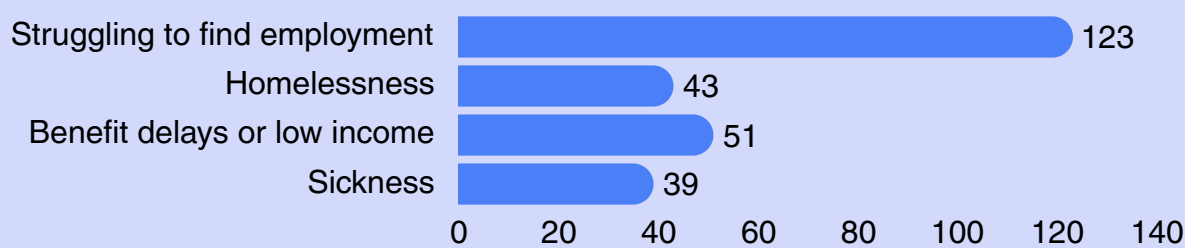


Sandwell Emergency Foodbank

Within our foodbank, we also provide culturally appropriate food parcels. Over the course of the project, we have distributed 309 parcels to support families and individuals in need. These reach 430 adults and 189 children (some recipients returned multiple times). These parcels provide practical support that helps:

- Reduce financial pressure
- Ensure families have essential items.
- Strengthen our connection with the community.

The main reasons people accessed the emergency foodbank were:





The ERAVI (EWA and RUDA Against Violence Initiative) project represents a groundbreaking collaborative effort between the Europeans Welfare Association (EWA) and Români Uni i din Anglia (RUDA). This initiative addresses critical issues faced by Central and Eastern European migrant communities in the West Midlands, focusing on labour exploitation, hate crime, and domestic abuse through community-centred solutions.

Our Impact in Numbers



200+ community members



6 Case studies



4 Community Events



26+ Social Media Posts



8+ Partners



22+ Events attended by the team



8+ Nationalities and ethnicities reached



ERAVI Listening Session

Targeted enforcement: Focus proactive inspections on high-risk sectors through frontline intelligence, integrating labour, health, housing, and transport oversight.

Improved data collection: Disaggregate hate crime and domestic abuse statistics by nationality to better identify and respond to specific vulnerabilities.

Enhanced support services: Expand bilingual advocacy, streamline refuge access for EEA nationals, and provide clear post-Brexit residency guidance.

Pre-departure prevention: Collaborate with Romanian and Polish authorities to disrupt exploitative recruitment networks before migration occurs.

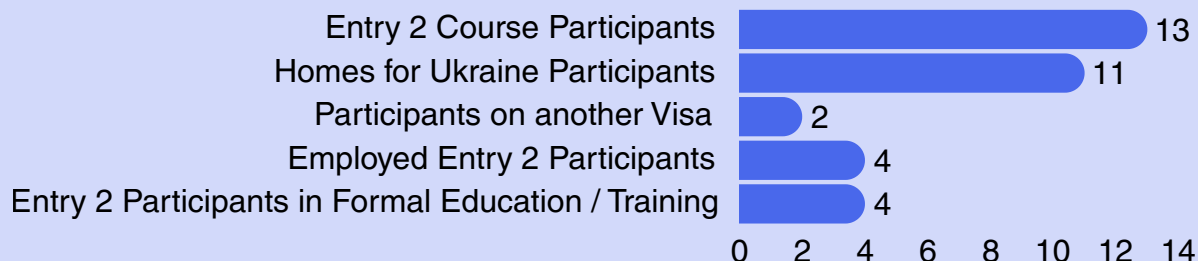
Find out more about ERAVI by reading the [2025 Annual Report](#)

ESOL- SANDWELL AND HOMES FOR UKRAINE



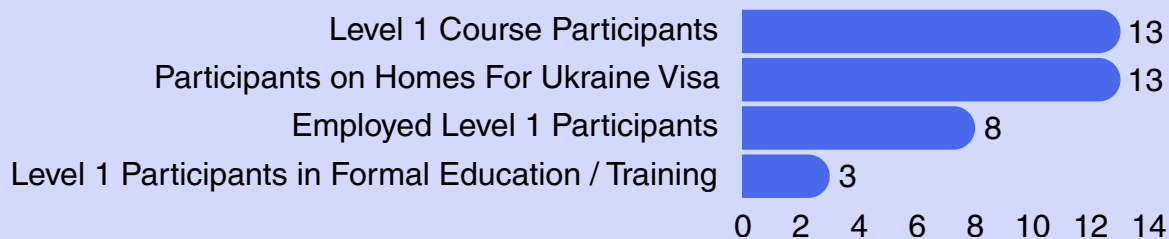
Number of ESOL sessions for Entry 2 group held between 13.05.2025 and 21.10.2025:

24



Number of ESOL sessions for Level 1 group held between 14.05.2025 and 22.10.2025:

23



Number of clients supported to find employment between May and October 2025:

12

Number of clients referred to counselling between May and October 2025:

4

Homes For Ukraine

Since May 2022, we have supported 74 Ukrainian nationals in Sandwell alone through the Homes for Ukraine Scheme.

EWA has supported 30 people to move to private rented sector (PRS) accommodation.

EWA has supported 16 people to receive help with their mental health (through both individual and group therapy).



ESOL Group in action!



Delivering of ESOL, employability and counselling sessions to Ukrainian refugees living in the Birmingham area. Our employability sessions are carefully tailored to the individual needs of our beneficiaries and are based on a structured approach to improving employability with a focus on soft skills.

Our counselling one to one sessions are delivered by a Ukrainian accredited therapist which means our beneficiaries receive support in their first language.

Our ESOL sessions are enhanced by quarterly social events, such as excursions to museums, art galleries, and various outings that provide greater immersion in the English language, British history, and the culture of the UK.

ESOLability Outings

Outings organised and held between May 2025 and October 2025:

11

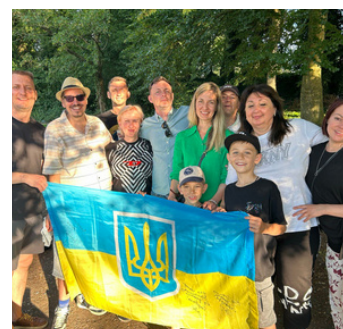
Here are a few snaps from some of our outings:



July 6 - Godiva Music Festival



July 12 - Edgbaston Reservoir and Picnic



July 19 – Birmingham Mela



August 9 - The New Art Gallery, Walsall



November – West Midlands Police Museum



December 14 – Jewellery Quarter, Birmingham

SOUP PROJECT



Dinner is served!

Over four Saturdays, we've been serving hot, traditional soup to children and staff at our supplementary school. Thanks to this funding, so far we've been able to serve:

- 170l of hot soup – around 925 portions
- 30 kg of Polish dumplings (pierogi) alongside the soup before Christmas.

The project is all about making sure tummies are full and getting everyone to come together, enjoy familiar meals, and be part of our school community.



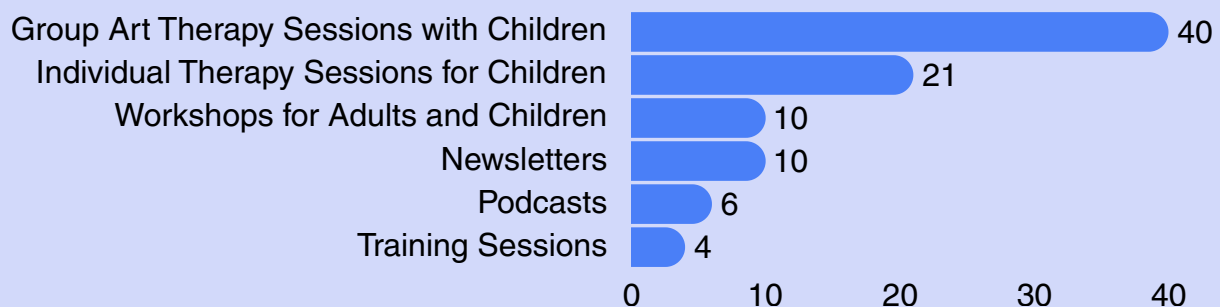
PROJECT SOME

Project SOME is a community led project aimed at Polish and Romanian communities living in Sandwell focused on understanding the needs around their mental health; encouraging greater participation through listening campaigns as part of data gathering, providing hands on support through a wide range of workshops for both children and adults, counselling, and training sessions for staff and volunteers to empower the community to help themselves.

Project in Numbers:



On Air: SOME podcast in action



Find out more about Project SOME by checking out our website: www.some-ewa.co.uk



In Walsall, we offer a Dependency and Addiction Support Group, an Online Parent Group and a Women’s Group. These groups aim to build a strong sense of community, connection and peer support among members, in addition to providing strategies for handling family dynamics and reducing stress at home.

October 2024 to January 2026

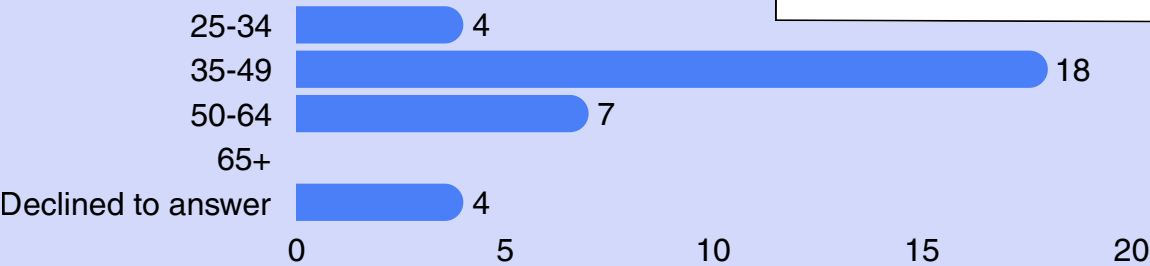


43 Group Therapy Sessions

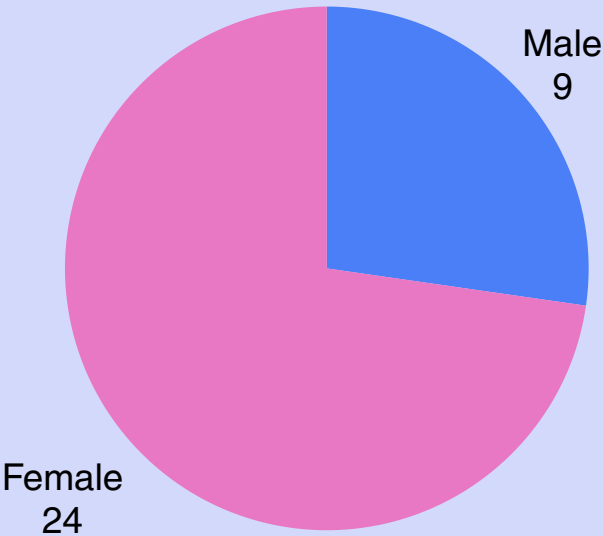
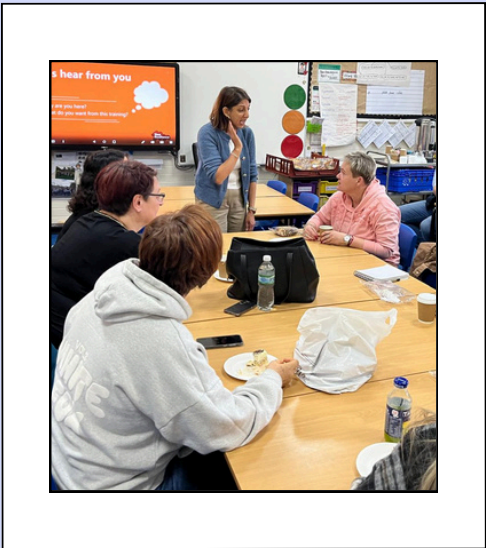


33 Clients

Age Range



Gender Division



Although the demand for our Talking Therapies Plus service was considerably higher, many individuals who approached us for psychological support were unable to access the service due to postcode eligibility restrictions.



Sandwell Talking Therapies Plus is a free and confidential service for individuals 18 and older who reside in Sandwell. We provide therapeutic support for those experiencing mental health challenges such as anxiety, stress, depression and bereavement. In order to ensure equitable access to support, the service offers one-to-one therapy sessions in Ukrainian, Russian, and Polish. These sessions are delivered by qualified therapists who are native speakers, helping to reduce language barriers and improve engagement with therapeutic intervention.

October 2024 to January 2026

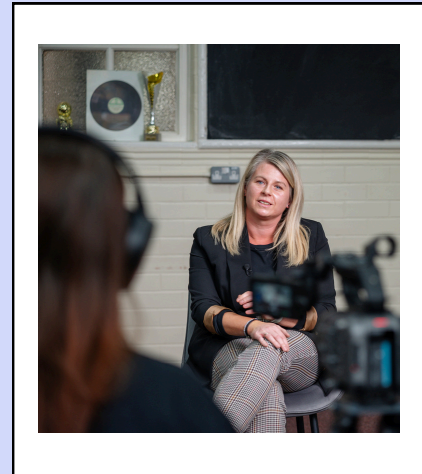
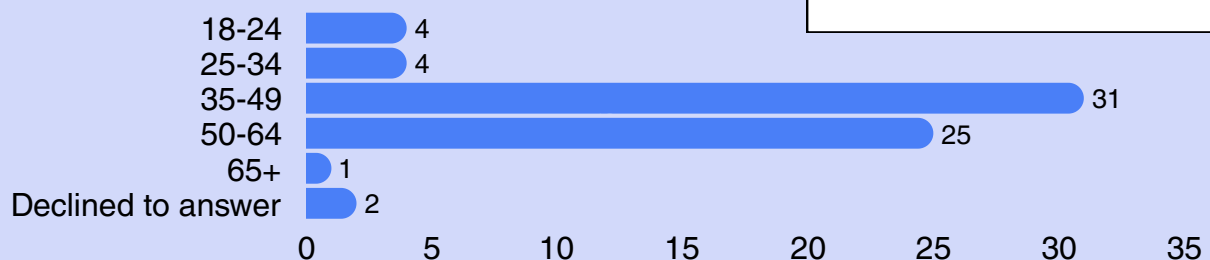


314 Individual Therapy Sessions

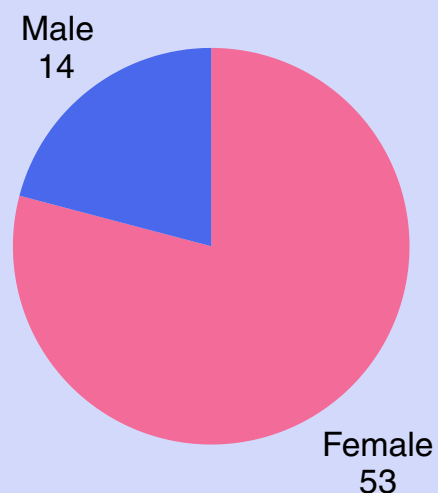


67 clients

Age Range



Gender Division



Although the demand for our Talking Therapies Plus service was considerably higher, many individuals who approached us for psychological support were unable to access the service due to postcode eligibility restrictions.

WIDER DETERMINANTS OF HEALTH



The Wider Determinants of Health Project concluded in September 2025. We delivered the following:



Immigration IAG Delivered by a licensed Polish and speaking Immigration Adviser (L1)



IAG in matters related to education, general health, employment, and housing delivered in Polish, Russian, Ukrainian, and Romanian



Debt Management Advice



Provision of food and clothing parcels

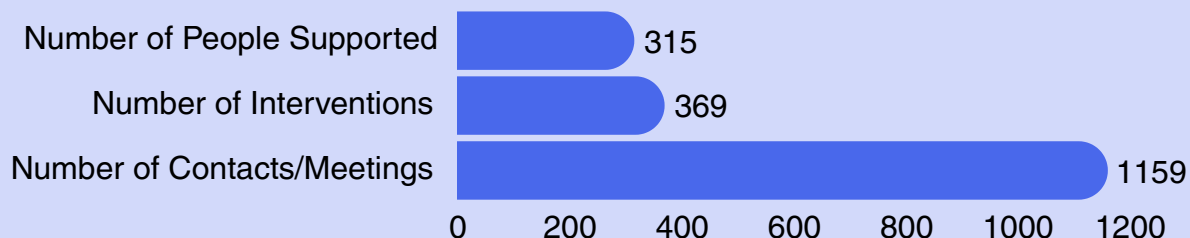


Strong focus on Early Help and MASH (Multi Agency Safeguarding Hub) referrals where serious safeguarding issues will be identified

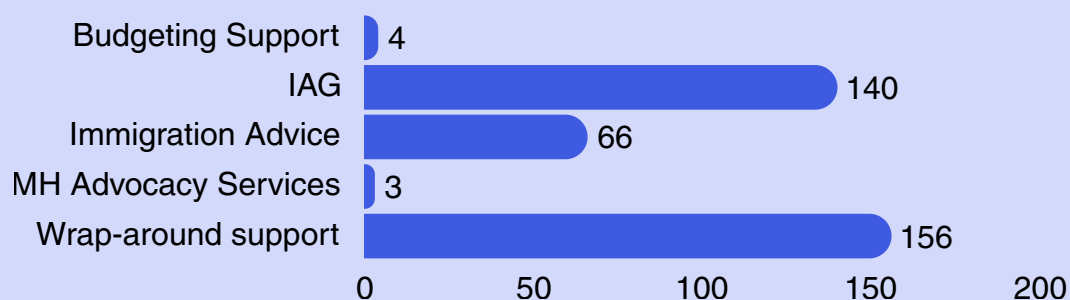


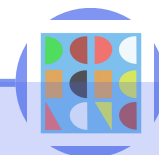
Health Checks and Preventative Services

Support Statistics



Matter Type





Yam From Here: Migration and the Making of the Black Country is a multimedia project, which aims to shed light on the diversity of the Black Country through art workshops, exhibitions and oral histories, all tied together by professional photography.

Through this multi-media methodology, grounded in the titular themes of Home, Journeys and Community, Yam From Here aims to explore practices of home-making and what it means to 'belong' in the Black Country. The materials produced from this project; testimony, artistic production, and photography, seek to tell a layered story of the Black Country as a dynamic place which is constantly (re)made through migratory stories.

Our 2025 in Pictures

This project launched in May 2025. In the first year of delivery, the team focused on delivering artistic community workshops and exhibitions.



**7 May - Archival Research
in Walsall Library**



**8 May - Launch Event in
Wednesbury Library**



**11 September - Exhibition
in Walsall**



**19 September -
Workshop in Walsall**



**28 November -
Wolverhampton Lates**



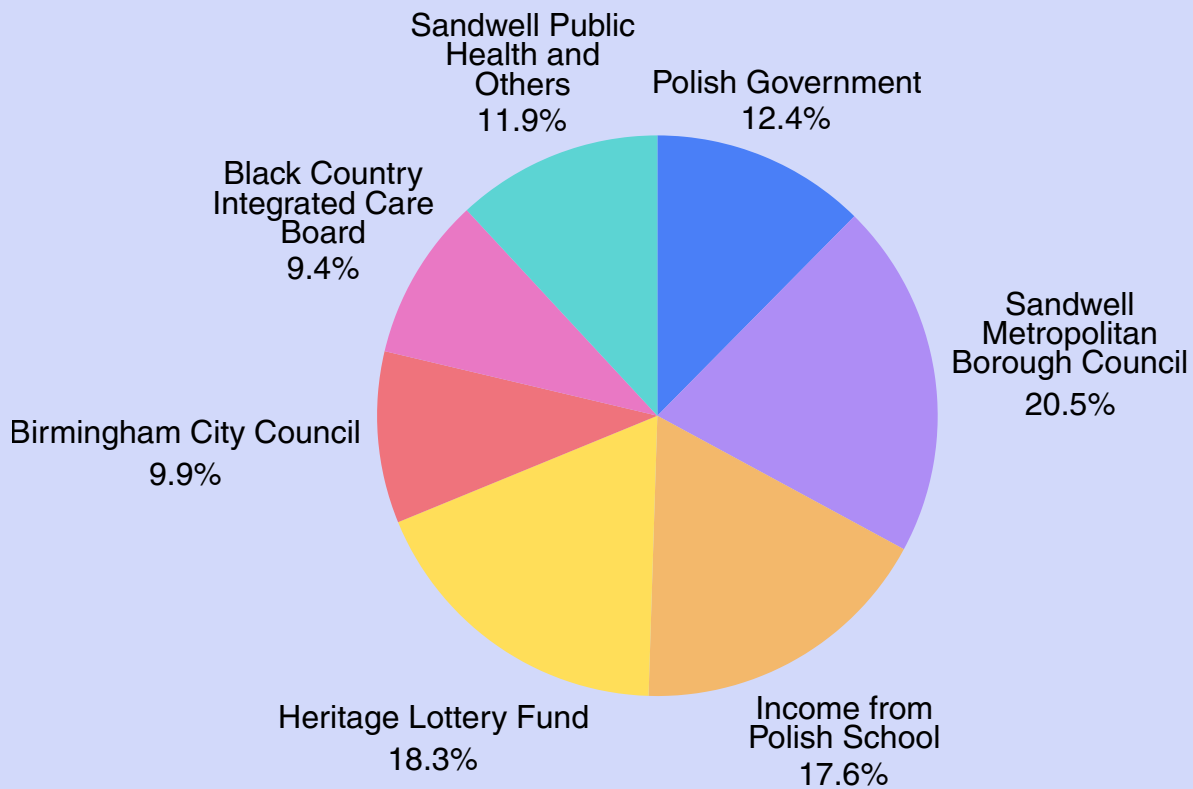
**19 January - Workshop
in Walsall**



OUR FUNDING STREAM

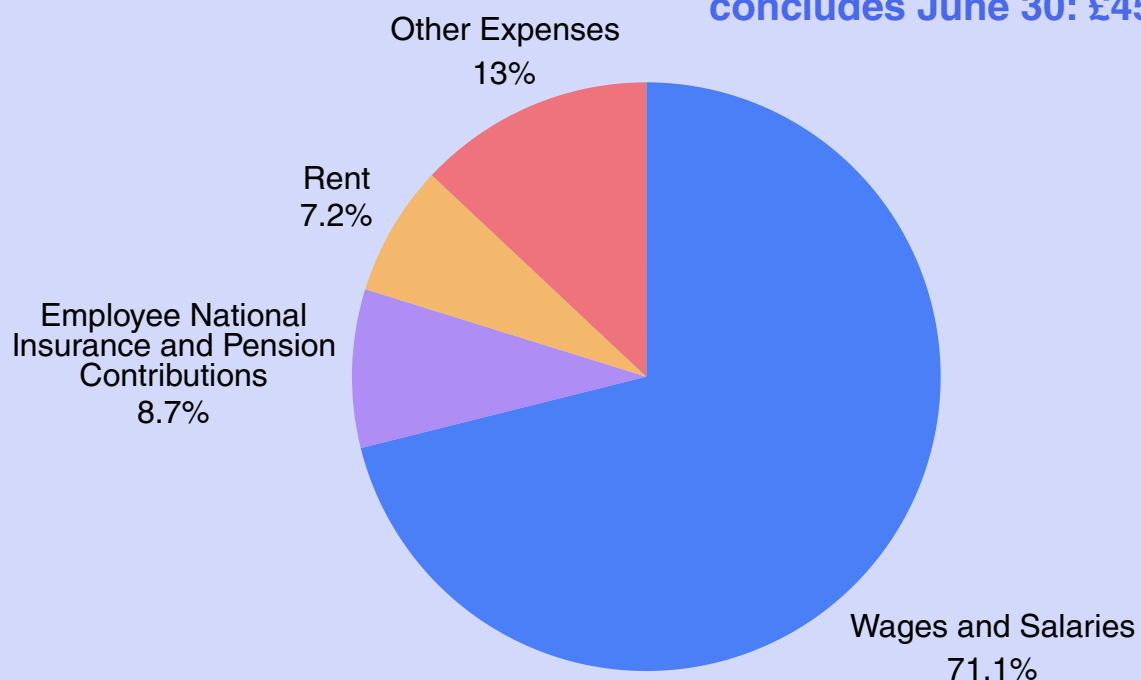


December 2024 to December 2025: £485,045



OUR EXPENDITURE

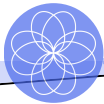
June 2024 to July 2025 - Our financial year begins July 1 and concludes June 30: £454,834



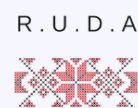
OUR FUNDERS



OUR SPONSORS



OUR PARTNERS



OUR ACCREDITATIONS



OUR MEMBERSHIPS



OUR SOCIAL MEDIA REACH



EWA 439 Followers
YFH 323 Followers



473 Followers



1300 Followers



356 Followers



REG. OFFICE

33 Ludgate Hill, Birmingham, B3 1EH

WE OPERATE FROM:

YMCA, 38 Carters Green
West Bromwich, B70 9LG
Polish Millennium House
Bordesley Street
B5 5PH

SCHOOL ADDRESS:

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Oldbury, B69 4QA



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